QI: THE JOURNAL OF TRADITIONAL EASTERN HEALTH & FITNESS

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The Meridians

The Lung Meridian

The Large Intestine

The Stomach

The Spleen

The Heart

The Small Intestine

The Urinary Bladder

The Kidney

The Pericardium

Triple Heater (San Jiao)

The Gall Bladder

The Liver

The DU (Back Midline)
The REN (Front Midline)
Extraordinary Points

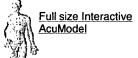
Select criteria:

C Locator ID (LU5)

Pinyin Name (Bai Hui)

O Indications (cough)

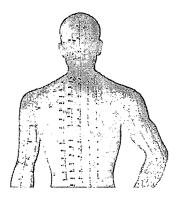
go



DU20: BAI HUI

Location: 7 <u>cun</u> above the posterior hairline, midway on a line connecting the apex of both ears, often described as in the "twirl" of the hair.

Indications: Epilepsy, schizophrenia, apoplexy, headache. This is an alignment point that aids in positioning Taijiquan and Qigong practitioners.



Return to Listing
(IE 5 or above will display the point location within a circle, other browsers may only display the general area map)

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